

BIBLE READING PLAN

The Sermon on the Mount

- January 2 Matthew 5:1-10
- January 3 Matthew 7:28-29
- January 4 Matthew 13:1-9
- January 5 Matthew 18:1-10
- January 6 Matthew 28:18-20
- January 7 Colossians 3:16-17

- January 9 Psalm 25:4-10
- January 10 Isaiah 6:1-7
- January 11 Isaiah 57:15-21
- January 12 1 Corinthians 2:1-5
- January 13 James 4:7-10
- January 14 Matthew 5:1-10

- January 16 Psalm 51:1-5
- January 17 Isaiah 61:1-3
- January 18 Luke 19:41-44
- January 19 Psalm 23:1-6
- January 20 2 Corinthians 1:3-7
- January 21 Matthew 5:1-10

- January 23 Psalm 37:7-11
- January 24 Matthew 11:28-30
- January 25 Matthew 21:1-5
- January 26 2 Corinthians 10:1-4
- January 27 Philippians 2:5-11
- January 28 Matthew 5:1-10

- January 30 Psalm 42:1-6
- January 31 Isaiah 55:1-2
- February 1 Micah 6:6-8
- February 2 Luke 11:37-42
- February 3 Luke 18:1-8
- February 4 Matthew 5:1-10

- February 6 Luke 10:30-37
- February 7 Ephesians 4:30-32
- February 8 Colossians 3:12-15
- February 9 Matthew 18:21-35
- February 10 Titus 3:3-8
- February 11 Matthew 5:1-10

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- February 13 Romans 7:15-25
- February 14 Psalm 51:6-10
- February 15 Matthew 22:36-40
- February 16 1 Peter 1:6-9
- February 17 1 John 3:2-3
- February 18 Matthew 5:1-10

- February 20 Matthew 24:4-8
- February 21 Isaiah 48:17-22
- February 22 Romans 5:1-2
- February 23 2 Corinthians 5:18-21
- February 24 Romans 12:17-21
- February 25 Matthew 5:1-10

- February 27 John 15:18-21
- February 28 Matthew 10:34-37
- March 1 Acts 5:40-42
- March 2 2 Timothy 3:10-12
- March 3 Hebrews 11:24-27
- March 4 Matthew 5:1-12

- March 6 John 1:1-9
- March 7 John 3:18-21
- March 8 John 12:44-50
- March 9 1 John 1:5-7
- March 10 Philippians 2:12-15
- March 11 Matthew 5:13-16

- March 13 Romans 3:19-24
- March 14 Romans 10:1-4
- March 15 Psalm 51:16-19
- March 16 Mark 7:1-8
- March 17 Matthew 23:27-28
- March 18 Matthew 5:17-20

- March 20 Matthew 5:21-26
- March 21 Matthew 5:27-30
- March 22 Matthew 5:31-32
- March 23 Matthew 5:33-37
- March 24 Matthew 5:38-42
- March 25 Matthew 5:43-48

1. Read

Find a place and a time for Bible reading that is quiet and uninterrupted.

Pray and ask the Holy Spirit to guide your reading.

Keep the passage fairly short.

If your situation allows for it, read the passage aloud.

As you read, listen for a word or phrase that speaks to you. What is the Spirit drawing your attention to?

2. Meditate

Focusing on the word or phrase to which you are drawn, make connections between it and your life. Why do you think it speaks to you? How is your life touched by this word? How does it affect you? Does it connect with an experience in your life? Why might God be drawing your attention to this particular word or phrase?

State in one or two sentences to yourself the connection between the word or phrase and your life.

3. Savor

Move from the activity of prayer to a time of stillness. Simply rest in God's presence. Stay open to God. Listen to God. Remain in silence before God. Trust that God is feeding you spiritually through the entire process of read/meditate/savor/apply.

Here, we are not in control. It is up to God. It's about being, rather than doing. Relationally, it is the experience of being with the God who loves us.

4. Apply

Take the thoughts you have been having and ask yourself whether there is an invitation from God for you to respond to, such as asking for guidance or for forgiveness. Is there a need in your life that has come to light, a person you need to speak with or an action you need to take? What would God have you do?

Now, go back to the text and start the process over again, listening for a new word or phrase.

When you come to the end of your Bible reading time, close with a prayer of "thank you, God" and enter into the tasks of the day, taking with you this sense of God's presence, this experience of God's love and guidance through his word.